



**MY HEART FOR DISABILITIES JORDAN**

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## MY HEART & THE SUSTAINABLE DEVELOPMENT GOALS

## Dignity and Sustainable development: our common challenge.

Accompany persons with disabilities and their entourage towards a better quality of life and a better future.

Set up medical, humanitarian, educational, social, adapted equipment and specialized treatment centers thanks to the new "Project Hope",

Include people with reduced abilities in the life of Jordanian society,

Partner with the Government of Jordan in its efforts to best meet the needs of its disabled population in terms of infrastructure and accessibility.

## Collaboration and Presence in Jordan

Jordan is recognized by the international community as one of the countries of the Arab world at the forefront of promoting the rights of persons with disabilities.

In Jordan live nearly 1.1 million people with disabilities. They represent 13% of the country's population. Among them, there is a high percentage of Syrian and Iraqi refugees who are victims of the war. They have a different need to answer. In particular, 15,000 are children of whom only 3% go to school. Poverty also comes into play.

Created in 2008, MyHeart intends to be an agent of change in the society in which it operates through physiotherapeutic support, community actions and educational events. These actions aim to provide them a voice, and to awareness of the value, needs and potential of people with disabilities.

Through material support, empowerment, knowledge sharing and the construction of adapted buildings, change can become a reality.

*No one left behind*



**#3: Goal 3: Ensure healthy lives and promote well-being for all at all ages**



**#4: Ensure access for all to quality education on an equal footing and promote lifelong learning opportunities.**



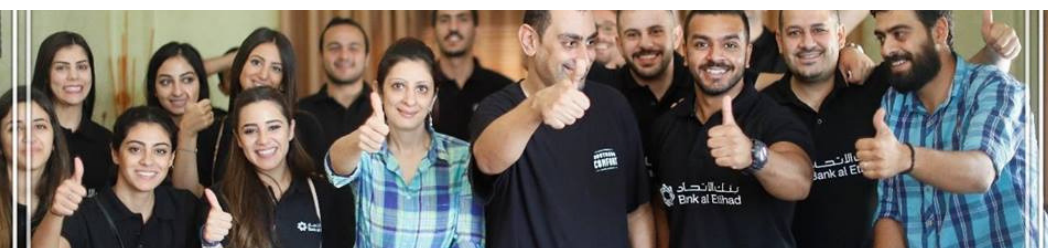
**#10: Reduce inequality within and among countries**



**#1: End poverty in all its forms everywhere**



**#11: Ensure that cities and human settlements are inclusive, safe, resilient and sustainable.**



*To foster a dignified life and to create a Sustainable future for individuals with disabilities*

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## Scope of work

**People with disabilities face obstacles that complicate their daily lives, but they also face difficulties, discrimination and exclusion. Many people live in conditions of poverty. They are often poorly cared for, homeless and unemployed, poorly educated and socially isolated ...**

MyHeart intends to be an agent of change in the society in which it operates, through community actions and educational events. These actions aim at increasing awareness, concerning the value, needs and potential of persons with disabilities.

For example, MY HEART is committed to:

- Strengthen the capacities of people with disabilities through safe, skilled and inclusive activities;
- Organize activities to promote social cohesion to bring together children with disabilities and their non-disabled peers, not only at school but also at the community level;
- Find long-term solutions for people with disabilities who must enjoy equal rights and opportunities and be integrated into society;
- Respect human diversity, support it and celebrate it.



"They need us, we need them"

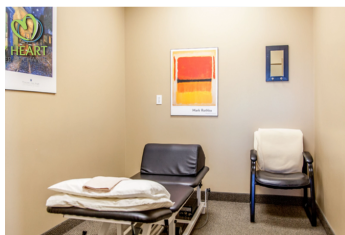
## Impact in Jordan : example of educational activities

Since 2008, the MyHeart association has supported 100,000 disabled children and their families.

Disability is seen and experienced as part of the diversity of society, a social construct resulting from the interaction within society between personal and environmental factors.

Supporting the capacity of people with disabilities while improving their environment and including those around them in their effort to participate in the daily life of Jordanian society is MyHeart's daily challenge.

## Our programs



### Clinic

FREE TREATMENTS AND MEDICAL SUPPLY

Based to Amman, open centre for children and free treatment for social care, as physiotherapy, wheelchairs and medical beds ...  
3'000 medical programs and rehabilitation sessions



### Free treatments and Medical supply

ORGANIZATION OF MEDICAL TREATMENT IN DIFFERENT REGIONS

Over the past two years, MyHeart has been working intensively in different areas of Jordan where it has responded to various medical needs with more than 6,500 assistive devices.



### Empowerment & qualification of persons with special needs

ADAPTED LEARNING & STRENGTHENING BASIC SKILLS

Organizing a variety of courses in "Literacy, awareness readings, development activities, training in professions and small projects" in cooperation with a number of different official and private institutions



### Comprehensive community support

SOCIAL PARTICIPATION

Conduct awareness sessions and outreach and pioneer community-based initiatives to support inclusive practices.



### Special events

SOCIAL COHESION

MyHeart organized more than 425 special events and festival.

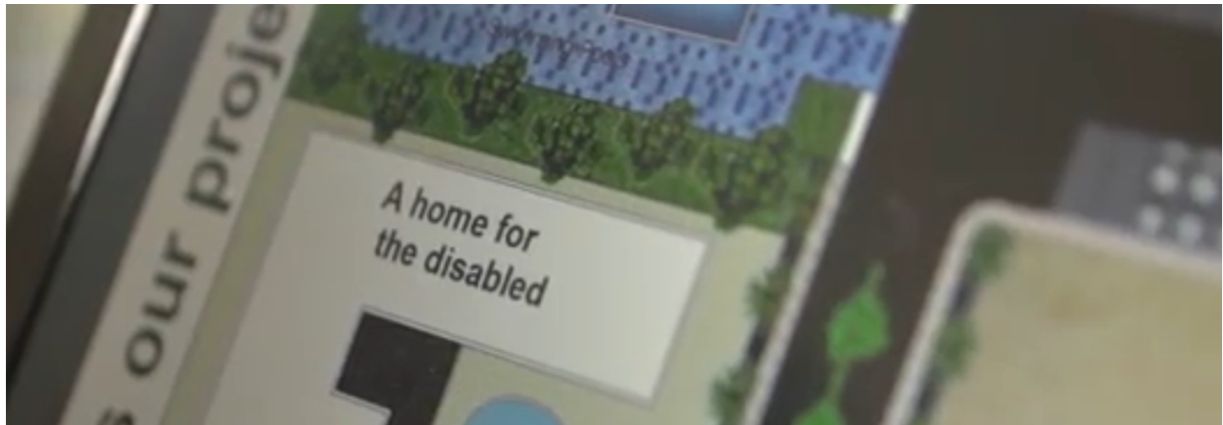


### Non Medical supply

HUMANITARIAN ASSISTANCE

Various assistance to a large group of needy classes in Jordanian society  
Food packages, clothing, gifts for children, heating devices, mattresses and blankets, school bags and supplies and many other assistance through the program aimed at supporting this category in all regions.  
MyHeart conducted over 7'000 home visits.





## Meeting the current challenges

To find long-term solutions for Persons with disabilities. They should enjoy equal rights and opportunities and be included in mainstream society, with respect and dignity.

*Through material support, empowerment, knowledge sharing and adapted buildings, change can become a reality.*

### NEW PROJECT: A REHABILITATION CENTER

"Project Hope" aims to serve disabled children and individuals, as well as their caretakers and families. We plan to provide community-oriented, comprehensive wellness-based therapeutic services to ensure the physical, spiritual, and emotional welfare of both the target demographic and their immediate circle.

Facilities: 8 physical therapy rooms, 2 occupational therapy rooms, emergency room, adapted playroom, storage, conference room, gym, 2 family counselling room, 2 administrative offices, working area for prosthetics care and supplies, break area for parents and staff,

The projected 3-year budget is \$ 1.1 Million USD (800,000 JOD). This includes a 3-year lease (In Jordan, rents are paid on a yearly basis) an 800- 1000 sq. meter property, renovation of the premises, supplies, equipment, operational expenses and staff salaries.



*TOWARDS SOCIAL CHANGE:  
Respect human diversity, support and celebrate it*